

I'm not robot!

- I. Directions: In the space provided, write the letter of the choice that best completes the statement or answers the question. (3 points each)
- _____ 1. A cut caused by a razor blade is called
a. an abrasion. c. a puncture.
b. a laceration. d. an avulsion.
 - _____ 2. The first link in the chain of survival is to
a. begin CPR. c. phone 911.
b. begin defibrillation. d. going to the hospital.
 - _____ 3. Which is part of the correct treatment of a nosebleed?
a. Apply pressure to the bleeding nostril.
b. Tilt the head back to slow the flow of blood.
c. If the nose is still bleeding after 15 minutes, seek professional help.
d. Encourage the person to breathe through the nose.
 - _____ 4. Universal precautions include
a. wearing protective gloves. c. learning to give CPR.
b. not moving a victim if possible. d. checking the victim's pulse.
 - _____ 5. If someone is bitten by a poisonous snake, you should
a. elevate the bitten area. c. apply ice to the bite.
b. apply heat to the bite. d. have the victim lie down.
 - _____ 6. What do adult and infant CPR have in common?
a. the amount of force used for chest compressions
b. the positioning of the head before beginning rescue breathing
c. the length of the breaths given
d. the length of time you should wait between breaths
 - _____ 7. If someone faints, you should
a. begin CPR.
b. splash water on the person's face.
c. lay the person down and elevate the legs.
d. sit the person up and place his or her head between the knees.
 - _____ 8. Which of the following is an accurate statement about poisoning?
a. Poison on the skin should not be flushed with water, because that will spread the poison.
b. Most poisonings can be treated without professional help.
c. If someone swallows poison, you should induce vomiting.
d. If poison gets in your eye, flush the eye with water and call 911.
 - _____ 9. Restlessness, skin that is pale, cool, and moist, and rapid breathing and pulse are all symptoms of
a. choking. c. concussion.
b. shock. d. unconsciousness.
 - _____ 10. When all other methods fail to stop a victim's bleeding, you should
a. cover the wound above the level of the heart.
b. raise the wound above the level of the heart.
c. use pressure point bleeding control.
d. apply a roller bandage tightly enough to cut off circulation.

CHAPTER 11

Review

After You Read

Use your Foldable to review what you have learned about family relationships and their effects on your physical, mental/emotional, and social health.

FOLDABLES Study Organizer

EXPLORE HEALTH TERMS

Answer the following questions on a sheet of paper.

Lesson 1

Match each definition with the correct term.

affection

extended family

family

ability

1. A brother or sister.

2. Positive feelings that help individuals feel supported and supported.

3. The basic unit of society.

Lesson 2

Fill in the blanks with the correct term.

cohesion

dissonance

reality

separation

4. The state of being together.

5. The state of being apart.

6. The state of being together.

7. The state of being apart.

Lesson 3

Replace the underlined words with the correct term.

social abuse

emotional abuse

physical abuse

sexual abuse

8. The state of being together.

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Chapter 11 Review

For more review questions for Chapter 11, go to [health.glencoe.com](#).

Your Health Choices and Behaviors

Some of the factors that influence your health, such as heredity, are out of your control. You do, however, have control over your behavior and the choices you make. Your **behavior** is the way you act in the many different situations and events in your life. Many of the choices you make affect your health. For example, choosing to eat healthy foods will affect your physical health. Knowing the consequences of your choices and behaviors can help you take responsibility for your health.

Personal Attitudes

An **attitude** is what you believe or feel about someone or something. Individual, family, community, and cultural attitudes play a role in your health. For example, if you have a positive feeling about wearing safety belts, you'll probably wear one when riding in a car. Teens who have positive attitudes toward healthy habits usually encourage others to do the same.

Reading Check Recall Give one example of a choice that can affect your health.

Go Online

Visit [glencoe.com](#) and complete the Interactive Study Guide for Lesson 2.

Lesson 2 Review

After You Read Review this lesson for new terms, major headings, and Reading Checks.

- What I Learned**

1. **Vocabulary** Define culture and media. Explain how each influences health.

2. **Describe** How has medical technology improved life?

3. **Explain** How does your attitude affect your health?

Thinking Critically

4. **Synthesize** Which side of the health triangle do you think is most affected by outside influences?
5. **Apply** What family influences have shaped your personal values and beliefs? How will your family's influences affect your future decisions?

Applying Health Skills

6. **Analyzing influences** Our country has people from many different cultures living within its borders. Identify cultures in your own community. With a group, discuss how these cultures enrich and challenge people in the community. Think about celebrations, food, music, and the like.

CHAPTER 16

Review

After You Read

Use your Foldable to review what you have learned about the structure and function of the cardiovascular system. Make a similar Foldable to note what you have learned about the respiratory and lymphatic systems.

FOLDABLES Study Organizer

EXPLORE HEALTH TERMS

Answer the following questions on a sheet of paper.

Lesson 1

Match each definition with the correct term.

arteries

capillaries

hemoglobin

lymphocytes

plasma

platelets

veins

1. The fluid in which other parts of the blood are suspended.

2. The oxygen-carrying protein in blood.

3. Cells that prevent the body's loss of blood.

4. Blood vessels that carry blood to the heart.

Lesson 2

Identify each statement as true or false. If false, replace the underlined term with the correct term.

anemia

Hodgkin's disease

leukemia

5. Leukemia is a condition in which the ability of the blood to carry oxygen is reduced.

6. A congenital condition is present at birth.

7. Anemia is a type of cancer that affects the lymphatic system.

Lesson 3

Replace the underlined words with the correct term.

bronchi

diaphragm

larynx

pharynx

respiration

trachea

8. The exchange of gases between the body and the environment is known as respiration.

9. The pharynx is a muscle that separates the chest from the abdominal cavity.

10. The diaphragm is an airway that connects the trachea and the lungs.

11. The windpipe is also referred to as the pharynx.

12. The voice box is the trachea.

Lesson 4

Match each definition with the correct term.

asthma

bronchitis

emphysema

pleurisy

pneumonia

scurvy

tuberculosis

13. An inflammation of the lungs commonly caused by a bacterial or viral infection.

14. An inflammatory condition in which the trachea, bronchi, and bronchioles become irritated, causing difficulty breathing.

15. An inflammation of the lining of the lungs and chest cavity.

16. A deficiency of vitamin C.

17. A chronic lung disease characterized by inflammation and narrowing of the airways.

18. A lung disease characterized by the destruction of the lung tissue.

19. A lung disease characterized by the accumulation of fluid in the pleural cavity.

20. A lung disease characterized by the accumulation of scar tissue in the lungs.

21. A lung disease characterized by the accumulation of mucus in the airways.

22. A lung disease characterized by the accumulation of pus in the airways.

23. A lung disease characterized by the accumulation of blood in the airways.

24. A lung disease characterized by the accumulation of fat in the airways.

25. A lung disease characterized by the accumulation of protein in the airways.

26. A lung disease characterized by the accumulation of sugar in the airways.

27. A lung disease characterized by the accumulation of salt in the airways.

28. A lung disease characterized by the accumulation of acid in the airways.

29. A lung disease characterized by the accumulation of base in the airways.

30. A lung disease characterized by the accumulation of gas in the airways.

31. A lung disease characterized by the accumulation of liquid in the airways.

32. A lung disease characterized by the accumulation of solid in the airways.

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Chapter 16 Review

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Guided Reading Activity 15.2

For use with textbook pages 176-181.

Cultures and Lifestyles

Read the Text

DIRECTIONS: Use the information in your textbook to fill in the blanks for the following sentences.

- The Soviet government discouraged religion and instead promoted atheism.
- Most Russians who claim a religious affiliation belong to the Eastern Orthodox church.
- The second-largest religion in Russia is Islam, practiced mostly by people in southern Russia.
- Jews in Russia were often persecuted, and many were massacred in pogroms.
- Around the Caspian Sea and Lake Baikal, many people practice Buddhism.
- Russia's high literacy rate is due to the Soviet policy of free, mandatory education.
- Today students have a choice of educational programs, but Russia's unstable economy has limited school budgets.
- Russia's population is decreasing because of poor health care and a low birthrate.
- Pravda has helped the health care system, but the system is still inefficient.
- Russian artists had the courage to oppose censorship.
- Russian architecture is known for the onion-shaped domes that crown many old churches.
- Some of the world's greatest literature comes from Russian authors such as Leo Tolstoy, who wrote *War and Peace*.
- Soviet "socialist realism" strangled artistic expression in Russia.
- Today urban life offers many artistic and cultural activities for Russians.
- May 1, or May Day, was a workers' holiday in Soviet Russia, but today it is just a spring celebration.

