

Nails with a concave shape usually caused through iron deficiency anemia

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Nails with a concave shape usually caused through iron deficiency anemia

An entity: disease, from the graph named: , inside the data space: dbpedia.org contitskoionchiakoionychia Causkoionychia treattratchiakoionychia also known as nails or a spoon-shaped nail, they are soft nails that They look like ladder. Koilonychia refers to abnormally subtle nails (usually hand) that have lost their convex, becoming flat or even concave fit. Depression is usually large enough to hold a drop of liquid. Often, the fairing of the fairing are a sign of anemia from iron deficiency or a liver condition known as emochromatosis, in which your body absorbs too much iron from the food you eat. The nails of the dome can also be associated with heart disease, diabetes, protein deficiency, connective tissue disease, high altitude (Ladakhi Koilonychia), exposure to the nail to solvents, Å ¢ petrochemicals. Å ¢ Lye (potassium hydroxide) and treatment of Acitretin, hypothyroidism and plummer-vinson syndrome. The nails of the dome are more common in adults of children .normally, the nail is firmly attached to the bundle bone of vertical dermal connective tissue in the subuncata area, which links directly to the periosteo. Koilonychia is more frequently due to local factors rather than systemic (see table 1 below). Occupational kilionychia is often associated with slight surface anomalies Plate for nails and discoloration of the nail / discoloration / pigmentation .Koionychia Causekoionychia (spoon-shaped nail) and platynychia (dish nails) are usually associated with chronic anemia for iron deficiencies. The usual causes are secondary iron shortages to gastrointestinal losses, secondary nutritional deficiency to poor hiring and / or malabsorption (for example, celiac disease) or intestinal worms (for example, hookworm infestation). Annormally heavy periods (Menorrhagia) and menometragiagia (abnormally heavy, prolonged and irregular periods) are one of the most common causes of chronic iron deficiency in women. The esophageal networks in patients with iron deficiency anemia are known as PLUMMER - Vinson syndrome or PattersonÅ ¢ Å ~ "Brown" Kelly syndrome. Nails of nails can also be associated with emochromatosis, heart disease, diabetes, deficiency of protein, connective tissue disease, high altitude (ladakhi koilonychia), nail exposure to solvents, petrochemical Å., liscivia (potassium hydroxide) and acitretin treatment , hypothyroidism and Plummer-Vinson syndrome.Table 1. common cause of koilonychiaIdiopathicPhysiologicalEarly childhoodCongenitalLEOPARD syndromeEctodermal dysplasiasTrichothiodystrophyNail-patella syndromeAcquiredMetabolic / endocrineAcromegalyHemochromatosisIron deficiencyPorphyriaRenal dialysis / transplantThyroid diseaseDermatosesAlopecia areataDarier Diseloselichen PlanSustIsiaSisAynaud Tunnel syndrome [source] Koionychia TreatmentKoionychia or spoon nails Treatment of treatment of the underlying cause. For example, iron replacement therapy corrects iron deficiency and leads to resolution of anemia. Immediate access to the In our app and millions of other 4U answers without Announcements Be more intelligent, download now! Or view some announcements and unlock the response to the spoon-shaped or spoon-shaped nails refer to a concavity in the finger itself, resulting in a depression in the nail that takes an aspect of a shaped spoon to the whole nail. This nail growth disorder is medically known as Koilonychia. The spoon is generally such that a water drip can be positioned and held in the depression inside the nail. This model can sometimes be seen in normal children, but disappears like the child ages. Koilonychia is a component of the nail-Patella syndrome, a genetic disease characterized by numerous anomalies including musculoskeletal and kidney anomalies. Spooning nails can also cause trauma, exposure to certain solvents, or can be associated with chronic medical conditions. In particular, Koilonychias is associated with iron deficiency. Other causes of Koilonychia Darier's Leopard Syndrome Syndrome Nail-Patella Syndrome Normal Syndrome Infancy Plummer-Vinson Syndrome Malnutrition Protein Deficiency Toxins (Petroleum-based solvents) TrichotheryStrophy Next Article An average adult has about _____ Square foot of leather. Yellow nail syndrome is a rare condition characterized by a slow growth, thickened, hyperdranged, yellow nails. This condition typically occurs in patients with chronic respiratory lymphedema and / or disorders. Chronic bronchial infections are present in about the half of the cases reported. Nails metÅ and half (Lindsay nails) usually occur with renal failure renal renal renal kidney renal renal disease (CKD) is long given, progressive deterioration of renal function. The symptoms develop slowly and in advanced phases include anorexia, nausea, vomiting, stomatitis, Dispeusia ... Find out more; The proximal nail meth is white, and the distal half is pink or red-brown. MetÅ and half nails occur between 20 and 50% of patients who have a chronic kidney disease; However, this nail anomaly has been reported in various other chronic diseases including the Crohn disease, the cirrhosis, the Pellagra and the disease of Kawasaki. This abnormality occurs even in healthy people (1 deformed systemic nails and dystrophies of reference the deformities are often considered together with dystrophies, but the two are slightly different; the deformities are generally considered gross changes in the form of nails, while dystrophies are ... Read more). Have you ever looked at the nails and asked why they look how they do with ridges or streaks or cracks? Often, there is no specific answer to this question. There are, however, some quite important answers about why someone could develop nails What causes concave fingernails? Q. Seven of my nails have become concave. The nails have always been quite thin. Is there a cure for this? Are there special foods or vitamins that could help? A. The doctors frequently refer to concave concave With the medical school "KoiLonychia" (Kumar et al, The Permanenté Journal, Summer 2012). One way to test this condition is to put a drop or two of water on the affected nail. If the water does not unleave immediately, you may actually have this condition. There is a dramatic photograph of Koilonychia in the New England Joi Jornal of Medicine (29 April 2010). The SURL deficiency can contain concavely concave nails: the nails in the shape of a spoon or concave are commonly due to the iron deficiency. This in turn can be caused by excessive bleeding (for example, related to heavy menstrual periods in women or intestinal bleeding not detected by an ulcer or precancerous polyp). The celiac disease damages the small intestine so that it can not absorb essential minerals such as iron efficiently. In addition, hemochromatosis, another iron metabolism disorder, can trigger Koilonychia (Fawcett, Linford & Stulberg, American family doctor, March 15, 2004). Boccasionally, other conditions like lupus, psoriasis, lichen or even a common fungus can also drive For concave nails (Walker et al, Journal of the European Academy of Dermatology and Venerereology, Nov. 2016). Once in a while, hairdressers who manage difficult chemicals develop Koilonychia as a reaction (Alanko et al, American Journal of Contact Dermatitis, September 1997). What to do for nails in the shape of a spoon: In conclusion, you should ask your doctor to test for anemia or other potential causes. Correcting the underlying problem should improve your nails. During the nail ceremony. If you are lacking in iron, you will probably need an iron supplement. Of course, you should also include good iron sources in your diet. High foods in this mineral include clams, mussels, oysters, sardines, liver, red meat, beans, lentils, tofu, peas, beets and spinach, among others. others.

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